

# Cambridge Quilters Workshop

## 18 May 2019

### Sashiko Quilting with Janice Gunner



During this workshop you will learn about the beautiful Japanese hand quilting technique of Sashiko. Usually worked with white stitching on indigo coloured fabric; you will be shown traditional examples and techniques, together with some contemporary ways of using this lovely technique. I have designed two small projects, each one sampling different patterns. One design is simple, the other slightly more advanced; you may choose either one to begin work on during the class and may purchase the alternative pattern for further experimentation with the technique if you wish.

#### Materials List

½ metre plain dark blue cotton fabric (not poplin or sheeting please, it is too difficult to hand stitch). Authentic Japanese fabric is available from Euro Japan Links and has a slightly looser weave than standard fabrics.

½ metre backing fabric (lightweight calico is ideal, not poplin! pre-wash before use)

**Optional** - ½ metre wadding – I prefer Hobbs Heirloom 80% cotton/20% polyester mix. Sashiko does not usually include a third layer

Sashiko thread, available from Euro Japan Links in white, off white or cream (natural) colour

Sashiko needle or Embroidery Crewel

1 pack of **Prym or Burda Dressmakers Carbon tracing paper** (the sheets by other brands are too small), friends can share this but I will have some you may borrow if you prefer.

A knitting needle for marking the design (approx 4mm or old size 8) or a Hera (Japanese marking tool)

Hand sewing kit to include pins, scissors, tacking thread, thimble etc.

Note pad, pencil, rule, paper scissors and masking tape

I will provide patterns for the project you will be making

**NB:** Sashiko is not usually quilted in a hoop, but you may bring one if you prefer.

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*Tea and coffee are provided. Please remember to bring a packed lunch.*

*If you are unable to attend*

*In advance please contact Tina Thorn 01799 530238 or Judith Mann 01638 664514.*

*On the day please contact Elizabeth Ingle 07721 331997. pl*